

Lakeside High School



LAKESIDE HIGH SCHOOL 2011 VOLLEYBALL INFORMATION www.lakesidevolleyball.com

Welcome to LHS volleyball! Yes, our season begins in August, but we are excited to offer a number of opportunities to potential volleyball players right now!!

OPEN GYMS

Volleyball "open gym" sessions will be held April 12th, 13th, 19th and 20th at the LHS gym from 5:00-7:00 p.m. These volleyball sessions are for players of every ability, girls and boys, middle school age and up.

In order to participate in these free sessions, each player must bring their completed **Dekalb County Athletic Participation Consent Form*** to their first session. This form is filled out primarily by the parent however, there are 2 parts which must be filled out and signed by your child's physician. This form must be dated April 1, 2011 or later and they are valid for one school year. (North Atlanta Urgent Care will provide the examination and fill out the forms at a cost of \$25.) Phone: 404-327-8744 or www.nauc.net.

***Please make copies of these forms and keep the original for your records. You will need copies for Open Gym Sessions ,Team Camp and Tryouts.**

If you are intending to tryout for either the JV or Varsity teams, we strongly encourage you to attend these sessions as well as the Lakeside Team Camp. If you prefer to attend to see if you like the

sport or just want to learn the sport, that is great!!

Bring: A water bottle and Dekalb County Athletic Participation Consent Form

Wear: Shorts, t-shirts, tennis shoes, v-ball knee pads (optional)

LHS TEAM CAMP

This year our "Team Camp" will be held at Georgia Tech University on July 17th, 18th and 19th. The cost of the camp is \$245.00 per player (commuter camp). Please access all camp information at www.yellowjacketvolleyballcamp.com.

The LHS team camp is designed for players of all levels, age middle school and up who are 1) interested learning the sport of volleyball or 2) have intentions to try out for either the Jr Varsity or Varsity volleyball teams.*

*Attending the LHS team camp DOES NOT earn any player a spot on either LHS volleyball team.

LHS VOLLEYBALL TRYOUTS

Rising 8th graders, rising 9th, 10th, 11th and 12th graders are eligible to try out for volleyball teams at LHS. Tryouts for both JV and Varsity LHS teams will be held simultaneously on August 1st, 2nd and 4th. Players selected to either the JV or Varsity teams will be notified by the coaches immediately following the Aug. 4th session. All JV and Varsity players and their parents will be invited to our "Volleyball Kickoff Dinner" at Fellini's on Friday, Aug. 5th followed by our Volleyball Carwash Fundraiser on Saturday, Aug 6th.

For more information: Kelly VanSant (svansant1@comcast.net)

